

# 2022 - done. + Activity re

In 2022 we continued to organise caravans and health education courses in rural isolated communities, but we also had some other important achievements...



01.

## The Mobile Healthcare Act was adopted in the Romanian Parliament

The greatest achievement since the Caravan was founded is without a doubt the adoption of the Mobile Healthcare Act in the Romanian Parliament in February 2022.

Thus, inspired by the model provided by the Caravan, the legal framework was created so that any medical institution would be able offer medical services in remote communities.



**Ro Health Review** 

■ Stiri ② 23 martie 2022 🍱 Mateescu Cristi

Strategies, Economics & More

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Legea asistenței medicale mobile, în Monitorul

Oficial. Sunt vizate zonele cu acoperire

deficitară a serviciilor de sănătate



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02

# The first steps of the Oradea and Craiova branches

One of the objectives for 2022 was the **establishment of the Oradea Branch**, which managed to organize two
internal medicine caravans in Bihor county and several
first aid courses, including a **resuscitation marathon in Ploiești**.

The expansion of the Caravan continued in autumn with the first edition of the Craiova team, which will go on to cover the Oltenia region (south-west of Romania) in 2023.



03.

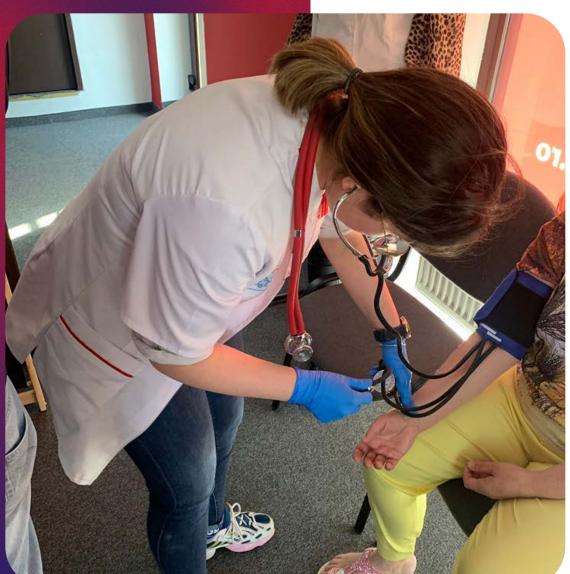
# Digitization of the patient's medical file

2022 was also the year when, after several attempts, we finally managed to digitize the patient's medical file used in the caravans.

Not only do we streamline the data collection process, but we also **manage to be more**environmentally friendly.









04.

# Help for Ukraine

After a fundraiser against the clock followed by several shopping sessions, our colleagues from the Bucharest Branch went to the Isaccea customs to deliver the necessary equipment for the Odessa Hospital.

The Cluj Branch and their local partners set up a free medical assistance centre where the volunteers of the Caravan were on duty for 4 months.



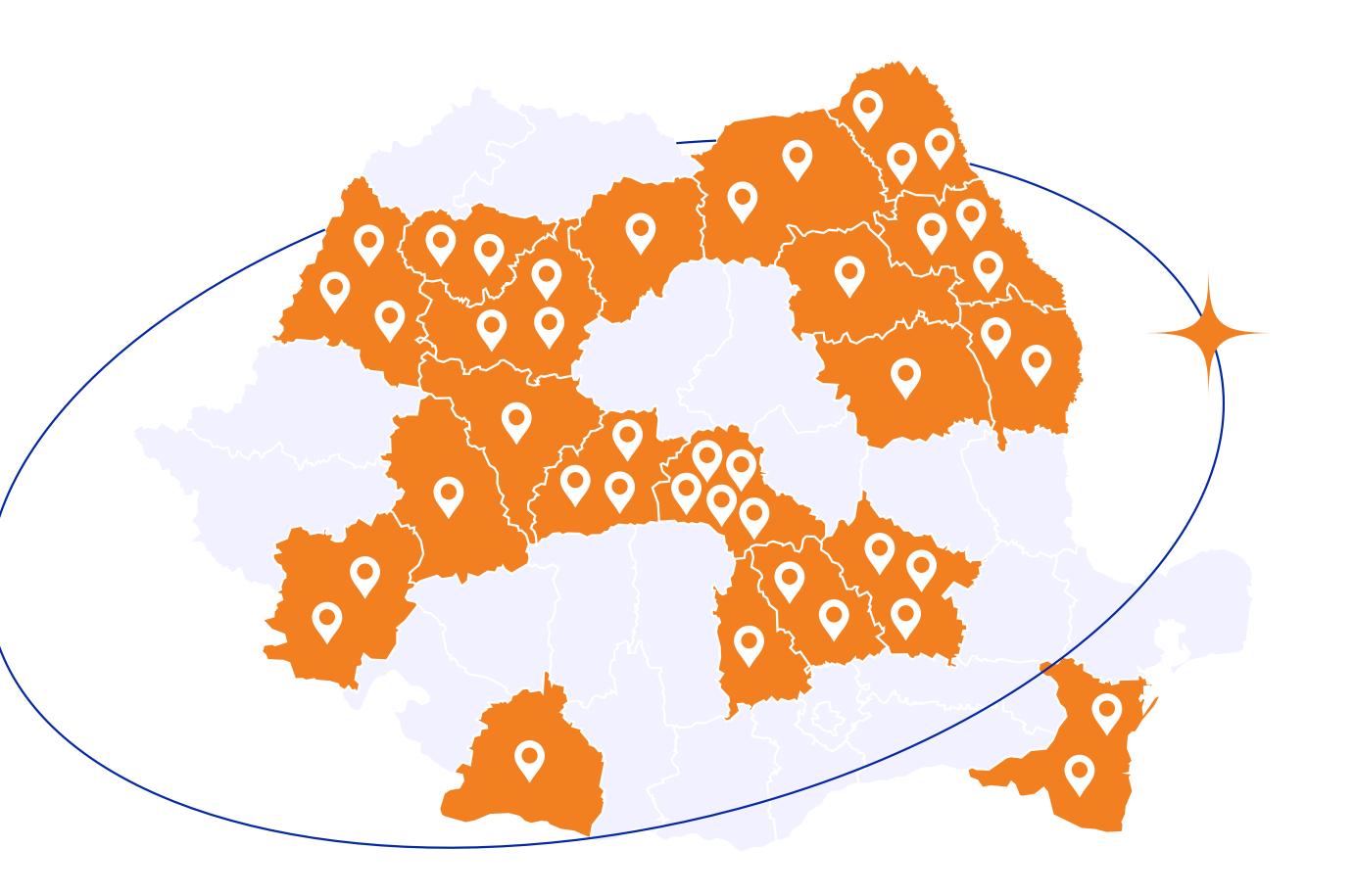
05

## One second for life

The team from Braşov, joined by sponsors and local partners, installed in Braşov the first 2 automated defibrillators in the county.

Up next, they plan to popularize the existence of these defibrilators and will carry out first aid courses in the county in order to increase the community's preparedness in emergency situations until the ambulance arrives.

## 2022 key figures



## 43 caravans in total

| 10        | 11       | 15       | 5                 |
|-----------|----------|----------|-------------------|
| pediatric | women's  | internal | internal medicine |
| caravans  | health   | medicine | and pediatric     |
|           | caravans | caravans | caravans          |
|           |          |          |                   |

| 2              | 3,388         | 8,675      |
|----------------|---------------|------------|
| ophthalmologic | total         | driven     |
| caravans       | beneficiaries | kilometers |

## Human resources

406

volunteers

146

students

182

resident doctors

66

specialist doctors

12

non-medical staff



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#### os. Testimonies

During the caravan carried out in partnership with the **laşi branch**, I had the opportunity to meet a **young**, **professional and empathetic team**. We are glad that together we can **support** as many girls and women as possible and bring professional healthcare services closer to the most vulnerable.

We appreciate the effort you are making to make it easier for people in villages to access basic healthcare services. It was only natural for us to join this noble endeavor to offer better healthcare acces for the rural population.

The Caravan is a phenomenon that

brings people together. It draws us,
young doctors, closer to the genuine
people who have hardly any access to
health services and who are always
waiting for us with open arms. The
caravan brings together medical
students, resident doctors and
specialists, who end up forming a team.

#### Silvia BURCEA

project manager at Save the Children Romania

Cristina BREŞUG county councelor

#### Bettina **BOERIU** MD

Paediatrics specialist

#### os. Testimonies

The Medical Doctors' Caravan is the project that perfectly combines the love of people and the love of medicine.

There is no greater satisfaction than the one of being able to help someone, educate others and being part of a passionate team. Medicine is about helping others.

The love of people is our driving force. We were warmly welcomed and we were finally able to **bring**peace of mind to those who crossed our doorstep, worried about their health.

The Medical Doctors' Caravan has been a great help in my development as a medical student and future doctor. So far I have managed to accumulate a lot of information and practical experience that I would not have been able to gain otherwise.

Patricia MORARU

student

student

Adrian **LAZĂR** 

Ștefania **DĂSCĂLESCU** MD

Medical Oncology resident

09

### Results

#### Internal Medicine & Paediatrics

33%

102

dental new cases of

caries hepatitis B & C (8.7%)

1 out of 3

patients had elevated blood pressure values, of whom:

#### 129 patients

with newly diagnosed arterial hypertension

494 patients

with known, but uncontrolled arterial hypertension

#### Colorectal cancer screening

19 patients with positive fecal occult blood test, which were redirected for further investigations.



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## Results

#### Women's Health Caravan



## 471 patients examined

1 out of 4



women had a pathological result (infection or precancerous lesion) on the Pap smear test (out of 398 tests performed).

50%

of patients have had their last Pap smear more than **5 years ago or never**.

In addition to this, together with the Federation of the

Cancer Patient Associations we performed 787 breast

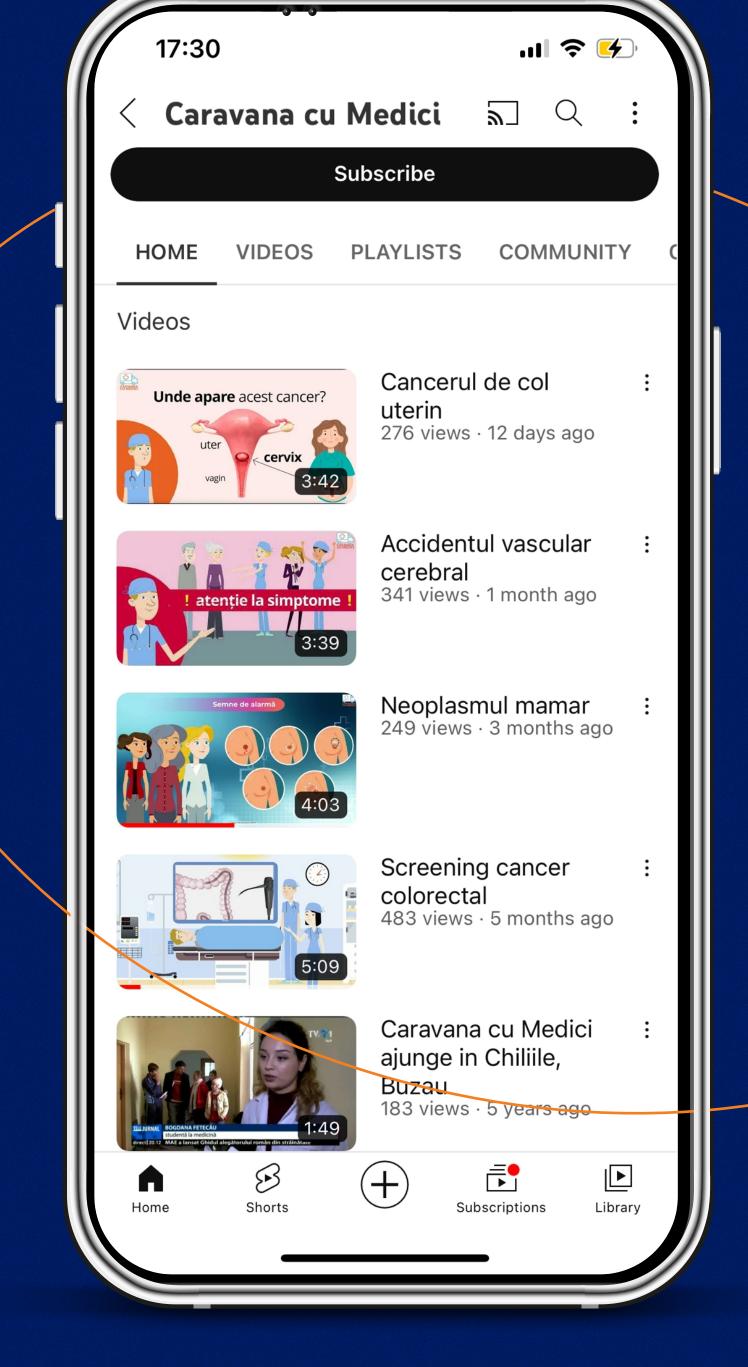
ultrasounds and offered 63 free mammograms.



## Education forhealth

Although on the internet there are countless informative materials on any medical topic, we found out that medical information is not that accessible for people who only speak Romanian.

Therefore, we created an animated series on various prevention and awareness topics, available on Youtube.



### Education for health

editions in 2022 Children beneficiaries

kilometers travelled

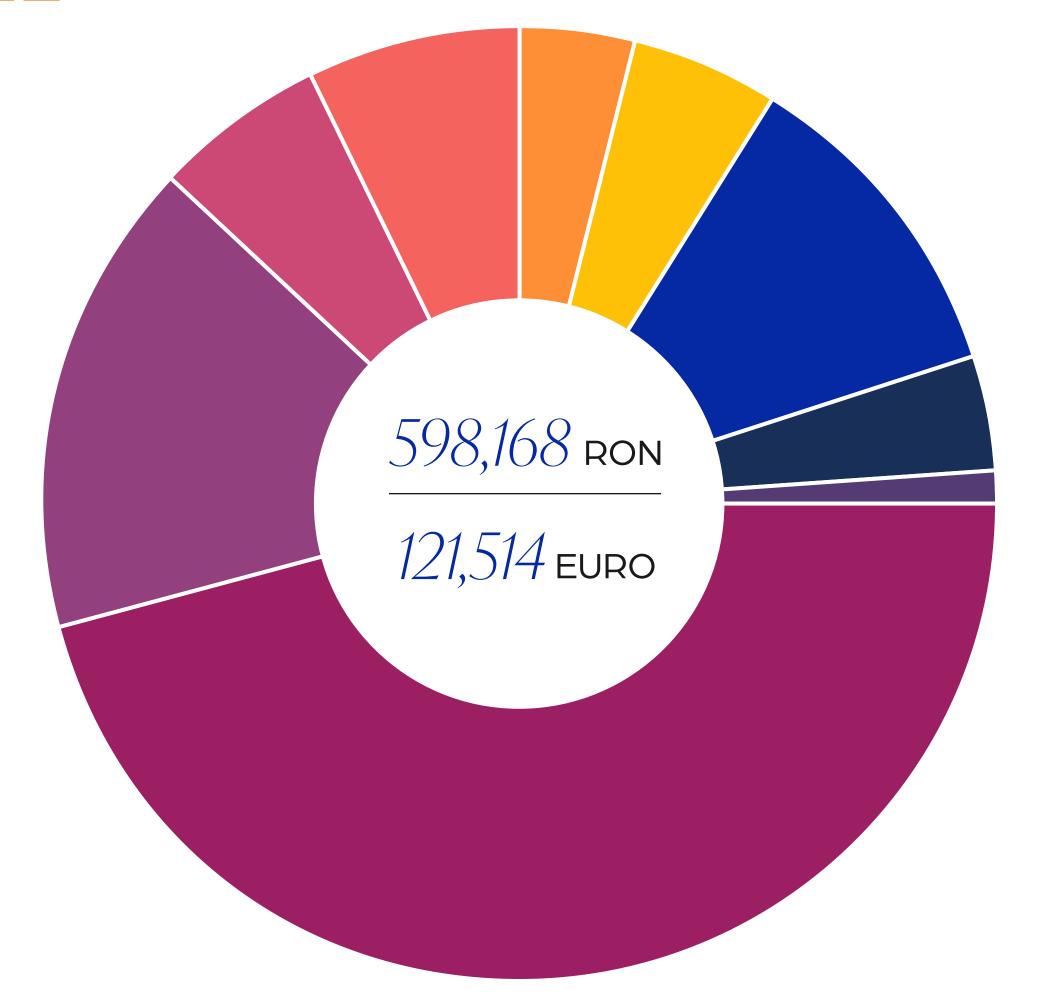
5,268 5 topics

first aid, sex education, nutrition, vaccination, dental hygiene.



## Financial report

2022



- 4% Administrative expenses
- 5% Salaries
- 11% Transportation
- 4% White coats
- 1% Marketing
- Equipment (purchase and maintenance)
- 16% Cars (purchase and maintenance)
- 6% Caravan supplies
- 7% Meals and accommodation

# GOAS+ for 2023

Caravans in at least 35 rural communities

At least 45 Education for Health courses

Mentorship for the first caravans in the Republic of Moldova

Establishment of the Târgu Mureş branch



#### Partners

Project supported by









National technical partners







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Local sponsors





















































#### Local sponsors

























#### Local partners





















# Thankyou+ for being by our side in 2021.